

TRAUMAPLATFORM



AO-FOUNDATION



Seminar “Extreme Extremities”, March 10th 2018 Davos, CH

Injuries of the hand-wrist and foot-ankle and nerves&infections for which optimal teamwork of Trauma-, Orthopaedic-, and Plastic Surgeons is mandatory for a successful outcome.

Davos Congress

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Traumaplattform

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Lectures: 9 renowned instructors

Participants: 90 Trauma/Orthopaedic/Plastic Residents and Surgeons

Faculty

1. **Denise Eygendaal**, Professor, Orthopaedic, Upper Extremity Surgeon, Breda, NL
2. **Carel Goslings**, Professor, General Trauma Surgeon, Amsterdam, NL
3. **Gino Kerkhoffs**, Professor, Orthopaedic Sports-Trauma Surgeon, Amsterdam, NL
4. **Beat Hintermann**, Professor, Orthopaedic Trauma, Foot&Ankle Surgeon, Liestal, CH
5. **Rainer Meffert**, Professor, Trauma-, Hand-, Plastic-, Reconstructive Surgeon, Würzburg, DE
6. **Henk Giele**, Consultant Plastic, Reconstructive and Hand Surgeon, Oxford, UK
7. **Teun Luijsterburg**, Consultant Plastic, Reconstructive and Hand Surgeon, Rotterdam, NL
8. **Erik Walbeehm**, Consultant Plastic, Reconstructive and Hand Surgeon, Rotterdam, NL
9. **Kees-Jan Ponsen**, Consultant General Trauma Surgeon, Alkmaar, NL

Each faculty member gives a **15 minute key lecture** on one of the Extreme Extremity themes. In this lecture there is a general introduction with an emphasis on “how I was trained to treat this problem and how I treat it now”, supported with up-to-date evidence. The presentation is ended with a **case presentation**, but not the treatment.

After the lecture there is a **20 min discussion in small groups** of 10, working out the treatment of the case, under supervision of a table head. The groups rotate, to have a different table head each time.

After the group sessions there is a **5 minute final presentation** of the key lecture presenter, showing his/her choice of treatment and **5 minutes to answer questions** from the audience.

Day Schedule

7:30 – 8:00 Welcome

*Early morning theme: **HAND and WRIST***

8:00 – 8:50 **Henk Giele** – Crush injuries and traumatic amputations of the hand; When and how can you save the hand?

8:50 – 9:40 **Carel Goslings** – Distal radius fractures; the truth about operative versus conservative treatment.

9:40 – 10:20 Coffee/Tea break

*Late morning theme: **ELBOW and TENDONS***

- 10:20 – 11:10 **Denise Eygendaal** – Posttraumatic elbow dysfunction; diagnosis and treatment strategies.
- 11:10 – 12:00 **Rainer Meffert** – Tendon repair; does the technique or the sutures make the difference?
- 12:00 – 13:00 Lunch

*Early afternoon theme: **INFECTIONS and NERVES***

- 13:00 – 13:50 **Teun Luijsterburg** – Infected and/or open lower extremity fractures; Can soft tissue covering assist in healing the fracture?
- 13:50 – 14:40 **Erik Walbeehm** – Ulnar nerve injury in olecranon and distal humeral fractures; When to explore, when to decompress, when to give up and do the tendon transfer?
- 14:40 – 15:20 Coffee/Tea break

*Late afternoon theme: **FOOT and ANKLE***

- 15:20 – 16:10 **Beat Hintermann** - Calcaneus fractures; How to have success, be a pragmatic or strive for perfection?
- 16:10 – 17:00 **Gino Kerkhoffs** – Stress fractures in the athlete; Different treatments for tibia, navicular and MT5 base?
- 17:00 – 17:50 **Kees-Jan Ponsen** – Level of amputation of the lower extremity; So many levels. Which one for which patient?
- 17:50 – 19:00 General Discussion and Apéro